



COMUNE DI SAN PELLEGRINO TERME
PROVINCIA DI BERGAMO

ISTITUTO CLINICO QUARENNGHI

1925



Collezione A.Epis

Quarenghi Clinical Institute is a private clinic founded in 1925 by Dr. Francesco Merino Quarenghi. It was established as a home for dietary regimens modelled after Swiss clinics. Treatments were aimed at creating physical and mental well-being through sports, a healthy diet, and the reduction of risk factors. After the passing of Dr. Francesco Merino, the clinic was run by his wife and five children and then passed to the third generation of the family. Today it is still a renowned rehabilitation institute for neurological, cardiology and pulmonology patients, which also has an excellent general medicine department. The centre puts the patient and family at ease, recreating an atmosphere that is familiar and different from that of a hospital. The beauty of the historic building and the wonderful adjoining park also make it an ideal place for those who need a time of assisted rest and to get in shape after an injury or to undertake a dietary diet. It is interesting to remember that Dr. Angiolino Quarenghi (son of Francesco Merino) was a great sports doctor, who took care of, among others, the athletes of Inter in Herrera's time, a team that held retreats several times in San Pellegrino Terme.